

# FALL FUN RUNS! FOR FAMILIES WITH YOUTH



## Beekmantown Town Hall

### Mondays

September 9  
September 16  
September 23  
September 30

Registration: 5:00 p.m.  
Runs Start: 5:15 p.m.

Registration will take place  
at the Pavilion



### Fun Run Distances

1/4 Mile: Up to Age 6  
1/2 Mile: Up to Age 10  
1 Mile: All Ages

**Pre-Run Stretching  
Group Warm-Up  
Running Tips!**

**Presented By:**  
The Clinton County Youth Bureau  
For more information call  
565-4750

