

BEEKMANTOWN RECREATION 2018 SUMMER CAMPS & ACTIVITIES

SUMMARY OF PROGRAMS

Arts & Crafts		Baseball
	Basketball	
Football		Golf
	Gymnastics	
Kayaking		Reading
	Soccer	
Street Hockey		Swimming
	Tennis	
Volleyball		Wrestling



6 WEEK SWIMMING PROGRAM

Days: Mon - Wed - Fri

Time: 2:30-4:45p

Fee: \$10.00

Limited to 36 participants

The program is available only to town residents and will run from June 25th - August 3rd. The bus will transport swimmers from the town hall to the YMCA and back. Bus leaves town hall at 2:30p and returns at 4:45p. Participants must be at least 5 years old and have completed kindergarten.

*There is **NO NOTIFICATION** of camps starting - please use this brochure as reference.*

NO REFUNDS UNLESS NOTIFIED PRIOR TO CAMP

1

WEEK 1: JUNE 25 thru JUNE 29

2

ARTS & CRAFT CAMP

Director: Roxana Palmer

Grades: 2 thru 7

Participants: 80

Days: Mon-Fri

Resident Fee: None

Time: 9-11:30a

Non-Resident Fee: \$43.00

Location: Beekmantown Elementary School All Purpose Room & Art Room

Description: During this week, students will be encouraged to bring out their creativity and explore art through a variety of mediums. Some projects we have worked on in the past include, but are not limited to:

Tye-dying, jewelry making, dream catchers, painting, drawing and more! All students should dress appropriately for art and bring their positive attitude along with a water bottle.



WRESTLING CAMP

Director: Mark Brown

Grades: 1 & Up

Participants: 30

Days: Mon-Fri

Resident Fee: \$5.00

Time: 9-11:30a

Non-Resident Fee: \$43.00

Location: Wrestling Room at Beekmantown School

Description: This camp will teach participants various fundamental skills of wrestling. The camp will feature an introduction to the three basic starting positions in folk-style wrestling: neutral, referee's top position and referee's bottom position. Athletes will learn and practice several moves from each of these positions. After practicing with a partner, participants will wrestle several full matches. As part of the camp, athletes will also learn and practice various gymnastic movements, strength skills and conditioning skills. Participants will be grouped by age/skill level and weight. Necessary equipment includes extra sneakers that have not been worn outside or wrestling shoes and a filled water bottle.



WEEK 2: JULY 2 thru JULY 6

3

FOOTBALL CAMP

Grades: 3 & Up

Days: Mon-Fri

Time: 8:30-11:30a

Location: Town Hall Fields

Description: This camp will teach participants various fundamentals skills of the game of football. A stretching and form running program will begin each day, followed by throwing, catching and pass route activities. The camp



Director: Jack Daly

Participants: No limit

Resident Fee: \$10.00

Non-Resident Fee: \$43.00

NO FOOTBALL ON JULY 4TH!

I feature 7 on 7 passing games and culminate in a "Skills Challenge." along with some carefully instructed tackling technique station (using bags.) Participants will be grouped by age levels and/or skill level. This is a non-collision camp. There will not be helmets; equipment necessary for participation should include sneakers or rubber cleats, form fitted mouth guard and a filled water bottle.

GOLF CAMP

Grades: 5 & Up

Days: Mon-Fri

Time: 12:30-2:30p

Location: Barracks

Golf Course



Director: Jack Daly

Participants: 25

Resident Fee: \$10.00

Non-Resident Fee: \$43.00

Minimum number required

NO GOLF ON JULY 4TH!

Description: Golf is a great lifetime sport made even more enjoyable by learning to play at an early age. The focus of this camp will be on the basic fundamentals of golf, including basic rules, etiquette, and safety. There will be contests throughout the week on putting, chipping and driving. The last day of the camp will be at a local golf course, where campers will get a chance to play and use the driving range- if weather permits.

WEEK 3: JULY 9 thru JULY 13

4

VOLLEYBALL CAMP

Director: Kaylen Reif

Grades: 2 & Up

Days: Mon-Fri

Time: 8:30-11:00a

Participants: No limit

Resident Fee: \$10.00

Location: Town Hall Volleyball Court

Non-Resident Fee: \$43.00

Description: This camp will teach participants a variety of skills in the game of volleyball. Participants will learn to pass, set, serve and hit throughout the week. Each lesson will include a variety of games, small group lessons and large group lessons aimed at improving all levels of players. Fee includes a ball.



STREET HOCKEY

Grades: 2 & Up

Days: Mon-Fri

Time: 9-11:30a

Location: Town Hall Tennis Courts

Description: Street hockey is a way to enjoy the sport of hockey without having to know how to skate. This camp will teach the fundamentals of the game of hockey. Children will be taught proper shooting, passing, stick handling and positional play. Each day the children will participate in drills and a scrimmage that reinforces hockey concepts taught throughout the week. The camp will also focus on safe play and sportsmanship. Players must have their own stick, helmet (hockey or bike) and a water bottle.

Director: Nate Foster

Participants: 25

Resident Fee: \$5.00

Non-Resident Fee: \$43.00



WEEK 3: JULY 9 thru JULY 13 (CONT'D)

GYMNASTICS CAMP

Grades: 1 & Up
Days: Mon-Fri
Time: 1-2:30p
Location: Trudeau's Gymnastics

Director: Janice Trudeau
Participants: No limit
Resident Fee: \$5.00
Non-Resident Fee: \$43.00

Description: Our camp program offers instruction in tumbling skills as well as basic skills on bars, beam and vault. In order to provide the best experience, campers will be divided into age and skill appropriate groups. Participants should wear clothes that they can move freely in, such as shorts and t-shirts or leotards. Bring a water bottle with your name on it (or drinks are available for purchase.) We also ask that you participate in bare feet, do not wear tights and put your hair up if it is long.



WEEK 4: JULY 16 thru JULY 20

BASEBALL CAMP

Grades: 3 & Up
Days: Mon-Fri
Time: 8-10:30a
Location: Town Hall Fields

Director: Greg Manney
Participants: No limit
Resident Fee: \$10.00
Non-Resident Fee: \$43.00

Description: Participants will be taught various fundamental skills of the game of baseball. A stretching and form running program will begin each day followed by throwing and catching activities. Hitting and bunting techniques along with fielding techniques and base running will be emphasized. Pitchers will develop skills in the windup and the stretch. Children will be grouped by age levels. Equipment necessary for participation should include: sneakers, rubber cleats, baseball glove, and a water bottle (filled.) Participants should be on the field by 7:55 and picked up by 10:30 daily.



WEEK 4: JULY 16 thru JULY 20 (CONT'D)

BASKETBALL CAMP

Grades: 3 & Up
Days: Mon-Fri
Time: 12-2:30p
Location: Beekmantown High School Gym

Director: Dave Manney
Participants: No limit
Resident Fee: \$10.00
Non-Resident Fee: \$43.00

Description: The athletes will be taught a variety of fundamental skills. They will be taught to dribble, pass and shoot. Above all, they will be taught the importance of sportsmanship. We also plan to have contests and organized teams to play games. This is a fundamental camp, therefore boys and girls, 3rd-9th grade are encouraged to attend. All children should come dressed in shorts, t-shirts and sneakers. Round robin tournaments and scrimmages will be played throughout the week for prizes. On the first day of camp, please arrive by 11:45 am. Fee includes a basketball.



WEEK 5: JULY 23 thru JULY 27

TENNIS CAMP

Grades: 3 & Up
Days: Mon-Fri (no Tues)
Time: 9-11:30a
Location: Town Hall Tennis Court

Director: Chris Hartmann
Participants: No limit
Resident Fee: \$5.00
Non-Resident Fee: \$43.00

Description: This program will offer participants an introduction to basic fundamentals and skills in the game of tennis. Children will participate in games and activities that will enhance skills introduced. This program will concentrate on friendly, sportsmanlike competition. Participants will need a hat, sunscreen and tennis/running shoes. Please make the director or recreation assistant aware of any health concerns. We will have a limited amount of racquets available. Please notify director if you need a racquet.

READING CAMP

Grades: 2-5
Days: Mon-Fri
Time: 9-11:30a
Location: Beekmantown Elementary School Library

Director: Amanda Smith
Participants: No Limit
Resident Fee: None
Non-Resident Fee: \$43.00
All Purpose Room & Computer Lab



Description: In an effort to promote reading in our community, we offer this program to promote READING IS FUN! The program will be directed by trained reading instructors. Some reading and writing will be done outside, weather permitting.

WEEK 5: JULY 23 thru JULY 27 (cont'd)

KAYAKING CAMP

Director: Chris Hartmann

Grades: 5 & Up

Participants: 24

Days: Mon-Fri

Resident Fee: \$5.00

Time: 12-2:30p

Non-Resident Fee: \$43.00

Location: Point au Roche Park

Description: Learn the basics of how to safely enjoy the beautiful waters of the Lake Champlain Region in the oldest form of water craft known.

Ability to swim is not required,

though recommended. All

equipment is provided,

including full life jackets.



WEEK 6: JULY 30 thru AUGUST 3

SOCCER CAMP

Director: TBA

Grades: 1 & Up

Participants: No limit

Days: Mon-Fri

Resident Fee: \$10.00

Time: 9-11:30a

Non-Resident Fee: \$43.00

Location: Town Hall Soccer Fields

Description: Participants will be placed in groups according to age. All participants must be wearing shin guards and have a filled water bottle.

Each day will include a warm-up and demonstration of the "skill of the day."

Participants will be taught the skills and tactics of the game of soccer, stressing the importance of sportsmanship. Skills covered include dribbling,

passing, receiving, shooting, heading and team play/positioning. Each

day will end with the participants playing soccer games.

Fees include a soccer ball for each participant.

7

Registration:

Camp Registrations are open until the camp starts or it has reached its capacity. Registration forms will be accepted at the

Beekmantown Town Hall, Mon - Thurs 9a-4p and Friday 9a-Noon or you can download the registration form at our site:

<http://www.townofbeekmantown.com>

Email: beekmantownyc@gmail.com

Call Beekmantown Recreation Dept: (518) 563-4650, Ext. 1

Make checks payable to: Town of Beekmantown

You may also mail your form, with payment to:

Beekmantown Recreation Dept.

571 Spellman Road

West Chazy, NY 12992



NOTE: It is very important that you only register your child for those activities he or she is committed to attending. This will help us make the best use of available funds for staffing & materials.

FIRST COME, FIRST SERVE

Kindergarten: Children must have documentation showing they have completed a school kindergarten program in order to participate in any sports or camps that list kindergarten age as appropriate.

8